

The Effects of Language Anxiety on Student Performance

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Abstract. This article examines the impact of language anxiety on student performance in language learning contexts. It reviews psychological studies that link high anxiety levels with reduced performance and engagement. The article provides insights into the causes of language anxiety, including fear of negative evaluation and communication apprehension. The findings suggest that addressing language anxiety through supportive teaching practices can significantly improve student outcomes. The study highlights the importance of creating an encouraging learning environment to mitigate anxiety and enhance language acquisition.

Keywords: Language anxiety, Student performance, Psychological studies, Teaching practices, Learning environment

Introduction

Language anxiety is a significant barrier to effective language learning, affecting student performance and engagement. This article explores the psychological aspects of language anxiety, drawing on various studies that demonstrate its negative impact on learning outcomes. By understanding the causes of language anxiety, such as fear of negative evaluation and communication apprehension, educators can develop strategies to reduce its effects. The findings emphasize the need for supportive teaching practices and an encouraging classroom environment to help students overcome anxiety and succeed in language learning.

This is a preliminary version. To read the full version of the article, please purchase a subscription.

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