

Cross-Cultural Perspectives on Child Development and Mental Health

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Abstract. This article provides a cross-cultural analysis of child development and mental health. It reviews studies from various cultural contexts to understand how cultural norms influence developmental milestones and mental health outcomes. The discussion highlights the role of parenting styles, educational systems, and societal expectations. The article concludes with recommendations for culturally sensitive practices in clinical settings.

Keywords: Child Development, Mental Health, Cross-Cultural, Parenting Styles, Cultural Sensitivity

Introduction

Child development and mental health are deeply influenced by cultural norms and practices. This article explores these influences by examining studies from diverse cultural contexts. It provides insights into how parenting styles, educational systems, and societal expectations shape developmental milestones and mental health outcomes. By understanding these cultural differences, clinicians can adopt more culturally sensitive approaches in their practice. The article emphasizes the importance of incorporating cultural perspectives into child psychology and calls for further research in this area. It concludes with practical recommendations for clinicians working with children from diverse backgrounds.

This is a preliminary version. To read the full version of the article, please purchase a subscription.

References

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